

NEWSLETTER



Nurses Honor Guard of Toledo

Theresa Smith writes "The Professional Registered Nurses Honor Guard of Toledo and Community present memorial honor services when requested at the time of the services for the deceased nurse. The ceremony will be ten to twelve minutes in length. Two to six nurses will be present in ceremonial nursing uniforms, which is white uniform, white shoes, nurses cap and Nurse's capes. There will be a brief personal review of the decease's professional nursing activities and dedications, if known. This is followed by a recitation of the 1935 Florence Nightingale Pledge. The presentation would then come to a short closing ceremony, upon which the honor guards would exit the room and leave the building. We can do the service at the funeral home, church, or grave site. We stay in a 22.5-mile radius from downtown Toledo." Contact: Theresa Smith 419-344-7130.

Picture: Provided by Toledo City Paper

Social Security Serves: Veterans, Women and LGBTQ

Erin Thompson (Public Affairs Specialist Social Security Administration) writes "We have provided vital benefits and services to hard working Americans for nearly 90 years. America has an increasingly diverse population with a variety of needs. To meet those diverse needs, we've created webpages that speak directly to groups of people who may need information about our programs and services.

Veterans (<u>www.ssa.gov/veterans</u>)

Continued on page 3

Volunteer: Small maintenance jobs

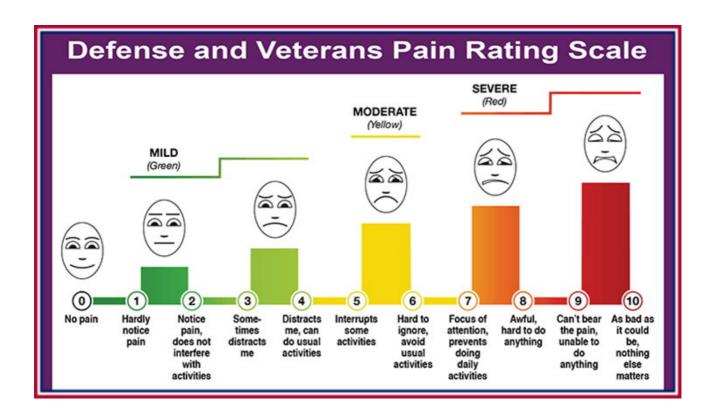
WVI is now aligned with a retired gentleman whose career was in maintenance. electrical and window work. He is interested in volunteering his service to veterans. Cost of supplies would be at the expense of the veteran. Contact: cenagy@bex.net for additional information.



New Pain Rating Scale

"If you receive care in a military hospital or clinic, you might notice your health care team is using a new method for assessing your pain. The Military Health System uses a new pain management scale known as the Defense and Veterans Pain Rating Scale, or DVPRS. Most people know the traditional way pain has been assessed during a medical appointment. Patient were usually asked to "rate your pain on a scale of 0-10." While this was common practice for many years, growing evidence showed neither patients nor providers were satisfied with approach. The 0-10 reporting of a person's pain often contributed to a goal of getting the pain to zero. Military pain management leaders shared that this often led to an over-reliance on prescription pain medications which can have side effects that negatively impact on patients' quality of life.

A DOD pain management task force developed the DVPRS which incorporates functional descriptions for each of the 0-10 levels of pain so that successful pain management is also tied to improved function rather than simply getting pain to zero. The DVPRS also includes an assessment of the patient-reported impact of pain on four specific quality of life indicators: activity, sleep, mood, and stress. This provides clinicians with a deeper understanding of the patient's pain condition and a better way to measure the progress and effectiveness of pain management treatments. "



Article and Scale provided by: Military Health System (10/13/22) (Insert: picture titled Pain Scale)

Cont. Social Security Serves

- Women (www.ssa.gov/women) Social Security plays an important role in providing economic security for women. A woman who is 65 years old today can expect to live, on average, another two decades. Since women have longer life expectancy than men, they typically live more years in retirement and have a greater risk of exhausting their sources of income. Women also tend to have lower lifetime earnings than men, which usually means they'll receive lower benefits. These are just a few reasons why women need to plan early and wisely for retirement. We're here to make sure women have the information they need to plan for those golden years.
- LGBTQ+ (<u>www.ssa.gov/people/lgbtq/</u>) Our agency touches the life of every American, both directly and indirectly. Our commitment extends to lesbian, gay, bisexual, and transgender people covered by Social Security's many programs and services.

Check out even more of our People Like Me webpages at www.ssa.gov/people . Please share them on social media and with friends and family."

Foundation Park Alzheimer's Care Center

Carolyn Bell, Admissions and Marketing Director, would like to thank veterans for their service and to let veterans know how Foundation Park supports veterans. Carolyn writes "Foundation Park Alzheimer's Care Center is a VA contracted campus, dedicated to memory support. We are proud to be able to serve our Veterans in return, for their brave sacrifice to our country. If you are caring for a loved one that needs memory support, it can be a very difficult journey. It is an extraordinary task demanding stamina, patience, and love.

At "The Park" we understand that both the family and the person with Alzheimer's or a related disorder are affected. Acknowledging this reality, Foundation Park's philosophy of care is to treat elders compassionately with a caring staff who value an individual's dignity and self-worth, while offering support and education to the elder's family and loved ones. VA sponsored respite stays are a great way to take a break and offer an opportunity for you the caregiver to establish a relationship with our extensively trained staff, and to get familiar with the programming we offer without a long-term commitment. We have a minimum respite stay of 14 days. Should your loved ones' memory needs change in the future we also offer long term care stays, as well as Veteran approved hospice services.

To initiate a stay at Foundation Park Alzheimer's Care Center, please contact your local VA clinic. Ann Arbor VA Health Care: 1-734-769-7100. Toledo VA Health Care: 419-259-2000. Cleveland VA Health Care: 1-920-693-5600.

If you have any questions about how this service works, please feel free to contact us at our main number 419-385-3958, we would be happy to guide you through the process." Location: 1621 S. Bryne Road, Toledo.

Veteran Supporte

Prudence Brott, owner Sunset Bistro, has several family members that served in the military. Prudence and her patrons generously contributed to Women Veterans Initiative (WVI) for Christmas 2022. WVI served eight veterans and their families for a total of 36 people. Sunset Bistro is located in Bowling Green at 1220 W. Wooster Suite A. Great food.