

# NEWSLETTER



## Military Women's Memorial Calendar: March 2024

CAPT Debra Dodge-Couture served with the Seabees, the navy's construction battalion, from 2005-2009, the first Navy Medical Service Corps (MSC) officer to do so. In 2008, she was the first MSC to earn the Seebee Combat Warfare designation.

Note: The Military Women's Memorial would like each state to register 500 women veterans in 2024. WVI would like to set a local goal of 25 new registrations. If you register on your own or would like WVI to assist contact <a href="mailto:cenagy@bex.net">cenagy@bex.net</a>. In December, WVI will do something special for those registered in the Memorial. Mary Hodge (Army) registered in January 2024, so we are on our way to reaching the goal.

Picture provided by Military Women's Memorial



#### Veteran Crisis Line

A qualified responder will listen and help 24/7. The call is free and confidential, and you decide how much to share. The responder can connect you with resources that can help when you are in distress. Contact the Crisis Line if you are: feeling hopeless, experiencing anxiety or agitation or have an increase in risky behaviors or substance abuse. Contact information: Dial 988 Press 1.

Did you know....?



#### My Next Case

Dr. La'Keshia Cherie states she founded "My Next Case" to serve those who have hit rock bottom and are left without the full support needed to thrive and transition out of their current situation. "My Next Case" gives suitcases full of necessities and other items that will promote wellness and instill good feelings in the people that are assisted. Three families are chosen every Spring to be assisted. In June there is an annual drive that caters to the needs of the selected families. In 2023, the initiative supported men from the Toledo Gospel Rescue Mission. Since then, there has been an outpour of generosity from the community. The goal of "My Next Case" is to show that are people out there who care.



Applications are available annually in March. Applications must be submitted by May 31, 2024. Contact information for an application and/or donation: Email: <a href="mailto:mynextcase419@gmail.com">mynextcase419@gmail.com</a>. Call Dr. Cherie @ 419-708-4076. Instagram: @\_mynextcase419.

Article provided by Dr. La'Kesha Cherie founder of My Nail Salon and My Next Case Photo: Logo My Next Case

### **Habitat for Humanity Sale**

Habitat for Humanity ReStore in Maumee is thrilled to announce its 20th anniversary. ReStore invites the community to join the festivities with a spectacular bi-monthly sale event, offering incredible discounts on a wide range of home improvement items.

Upcoming 20% off Sale Event Details:

- Saturday, March 16, 2024
- Saturday, May 18, 2024
- Saturday, July 20, 2024
- Saturday, September 21, 2024 (Anniversary Party)
- Saturday, November 16, 2024

Habitat for Humanity ReStore in Maumee is a nonprofit home improvement store and donation center dedicated to providing affordable housing solutions for families and individuals locally. Through the resale of donated items, ReStore funds local housing projects, promotes sustainability, and engages the community in the mission of Maumee Valley Habitat for Humanity for the chat line or text 838255. Note: Veterans discount 10%.

Resource: Habitat for Humanity Newsletter 1/29/24.



Happy St. Patrick's Day!

